August 6, 2015



### Dear EMT Student Applicant:

We applaud your desire to investigate becoming an Emergency Medical Technician (EMT). Our agency has over 35 years experience providing EMS to the Town of Friday Harbor, San Juan Island and the islands of Brown, Stuart, Johns, Speiden, Pearl and Henry. We function as a municipal third service 9-1-1, tax supported EMS/MedEvac system under the San Juan County Public Hospital District No. 1 serving the residents and visitors of our district as well as the waterways and other non-ferry served islands of San Juan County when requested. We are nationally accredited using a mixed provider model with award winning patient satisfaction and nationally certified/recognized leadership.

You will need to purchase EMT books (about \$250, reimbursed at the completion of the class) and attend all training, complete all homework, practical classes, and sessions. The EMT course begins November 4, 2015 with mandatory prerequisites completed before the class start date. This course requires attendance of all scheduled Wednesday nights and Saturday days through April, 2016. Total course includes 190 instruction hours and requires additional individual study and practice time.

This packet will help you navigate the application process. **Please read it carefully, complete it accurately, and return all materials, in person, to the address on the cover letter.** Personnel are generally in the office Monday to Thursday during normal business hours. A subset of all applicants will be scheduled for an interviews/agility test. The process is highly competitive and will include the written application, physical agility exam and current immunization record, criminal/driving, drug and employment background checks. Questions about this process can be directed to Weyshawn Koons or Cady Davies at training@sanjuanems.org or by phone at 360-378-5152.

Student candidates will be selected based on multiple criteria including, but not limited to, application materials, examination scores, test results, background checks, geographical location, ability to respond to calls, and face to face interviews. Successful acceptance into the EMT class does not guarantee a position as an EMT with San Juan Island EMS and MedEvac upon completion of the course.

COMPLETED APPLICATION DUE MONDAY, SEPTEMBER 14, 2015 BY 5 PM AT PHYSICAL ADDRESS BELOW. For further information, please go onto the web at <a href="www.SanJuanEMS.org">www.SanJuanEMS.org</a>. We wish you success in your application.

## Minimum Requirements to Apply

### We value your time and interest. You will need to meet ALL of the following criteria:

- 1. Willing to complete all aspects and requirements of the class.
- 2. Full-time, permanent resident of San Juan Island with the expectation to remain a full-time resident for the next two years following graduation.
- 3. Able to do a physically and emotionally difficult job of providing care to acutely ill and injured people, in dangerous situations, requiring quick and clear thinking with physical dexterity and strength.
- 4. **21 or older** (due to insurance requirements).
- 5. High school graduate or GED.
- 6. Not become a member of any other public safety agency while a student or during your first year past probation because of the extensive training and orientation requirements.
- 7. Be legally employable in the United States.
- 8. Valid Social Security Number and possess a valid Washington State Driver License with less than 6 points and no convictions for DUI.
- 9. No felony convictions that would prevent you from becoming certified with the State of Washington.
- 10. Free from addiction to any prescribed, recreational, and/or illegal drugs or substances. We have a zero tolerance policy.
- 11. Be able to commit and complete the entire course with a willingness to then apply to become an EMT with our agency with full support from your immediate family.
- 12. Serve a minimum of two years past the initial probationary period or repay San Juan Island EMS the amount of \$2,500 for the cost of the training.
- 13. Submit to a physical examination including drug screening exam provided at the cost of the district.
- 14. Undergo a thorough criminal background and driver check through available law enforcement inquiries.
- 15. Purchase your textbooks which cost approximately \$250 (reimbursed at the end of your probationary period upon completion).
- 16. Become a certified Wilderness EMT within 2 years of completing probation. (Wilderness training provided by the agency).
- 17. Complete all other requirements to maintain your status as an active EMT.
- 18. Possess a genuine caring for the residents and visitors in our community and act professionally and with concern for people's safety and privacy at all times.

for

I recognize that this is an application for entran	ce into the EMT class only and not an application for						
employment or volunteering with San Juan Island	d EMS and MedEvac. I agree to pay for the cost of my						
books before class begins. Having read the above, I,							
fulfill the requirements and submit to the terms termination from the course with cause.	of reimbursement for self-selected early termination or						
Signature of Applicant	Witness						
Date	Date						

## **Checklist (To Be turned in with Application)**

- o Meet Minimum requirements
- o Completed Application with signatures and witness signatures
- o Copy of High school diploma or GED
- Copy of Valid Social Security Card
- o Copy of Washington State Driver License
- o Completed Background Check Waiver with witness signatures
- o Immunization Form Completed

# **Basic Demographic Information**

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CURRENT V (Attach a legi		RIVERS LICENSE NO	Exp. D	ate:
Do you have <b>YES NO</b>	any physical	or psychological problems that o	could affect your ability to perform the w	ork of an EMT?
WOULD YO	OU BE ABLE	TO SIGN UP FOR MULIPL	E 6 HOUR SHIFTS PER MONTH?	
DAYS ONLY	Y	NIGHT AND DAY	SEASON DEPENDENT	
NIGHTS ON	ILY	CERTAIN DAYS OF THE V	WEEK	
Do you have	any past med	ical experience? If yes, please ex	xplain.	
Are you curre	ently affiliated	l with any other public safety ag	gency or voluntary community group(s)?	
In 100 words	or less, tell u	s why you want to become an E	MT with San Juan Island EMS. (Use bac	ek if necessary)

# Criminal/Driving Background Waiver and Release

TODAY'S DA	ATE :				
obtain compression obtain compression and volunteering Records, M	plete driver, educe histories and ang g. This may incl	do hereby au cational, military serv y other information coude but not limited to Records, State and Fords.	ice, prior licensi oncerning my pr o WATCH, NCI	ng, work reco revious employ C, San Juan C	rds, and criminal yment or ounty Sheriff
•	and damages for v	nd persons connected whatever reason arising	• •		
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Signature of	Applicant		Witness		
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## Immunization Record for San Juan Island EMS and MedEvac

Name:										
Date of Bir	th:									
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I, up to date. Island EM	. I understar	nd that	furthe	state t	hat th	e following ations may b	recor oe req	ds are acuested b	curate and y San Juan	

## Signature

# Date **EMT Student Candidate Physical Agility**

### (For Information Only)

Pre evaluation candidate for Heart Rate, Blood Pressure, Respirations and Warm up.

### **Stage 1: Equipment Carry**

Maximum time 5 minutes

The candidate is to carry 1 fully stocked medical box (pelican case), 1 cardiac monitor, and 1 airway bag (on back) up and down 3 stories of stairs safely. Candidate is allowed to set down equipment 1 time (max 5 seconds) without point deduction. Time begins when the Candidate lifts equipment off floor.

Note: Airway bag can be pre-positioned as backpack.

Lifting and carrying begins as soon as the 5 minutes is up or candidate is ready whichever is first. Each piece of gear is less than 30 lbs. each.

### Stage 2: Lifting and Carrying

Task 1:

No time limit

Candidate will be paired with an EMT partner (able to complete all EMS related physical tasks) and will be required to move rescue manikin, 185 lbs. from seated position to stair chair and up one story and down the stairs safely.

Task 2: Candidate will be paired with same EMT partner to package patient onto backboard using spider straps. Two more EMT's or Firefighters will arrive to assist in lifting patient and carrying up two flights of stairs then place the patient down and switch carrying ends before continuing down two flights of stairs safely. Patient will then be placed on cot and loaded into the ambulance.

Note: Candidate will carry either head of patient or foot of backboard. EMT skills are not required for this station. EMT partner will instruct and assist.

Mid evaluation of candidate HR, BP, RR

### Stage 3: Rescue Mannequin Drag

2 minutes maximum

Candidate will pick up the 185 lb. mannequin by squatting down and reaching around the rescue mannequin with both arms under the mannequin's arm pits. The candidate will then drag the mannequin 10 feet and set the mannequin down gently. The time will start when the mannequin's buttocks are off the ground and time will stop when the candidate and the mannequin both cross the line. The candidate may stop to reposition hands but must not drop the mannequin.

#### Stage 4: Cardio Walk

15 minutes maximum

The candidate will walk a distance of 1 mile with a weighted vest of 25 lbs.

### Cool down period

San Juan Island Fitness <u>www.sanjuanislandfitness.com</u> and Xteme Fitness <u>www.xtremefitnesssji.com</u> have both been made aware of the requirements of the candidate test requirements and may be a resource, if you desire. Any cost or use of these facilities or services is strictly voluntary and is not required prior to the exam.

During all lifting evolutions, any unsafe actions will result in failure.